

Herman Sutherland

Herman will share ancestral knowledge on how the animals we share the land with help us. You will also learn about traditional medicines that are available in our area and their uses to help heal us.

Herman Sutherland is an Elder that resides in Treaty 8 Territory, he is a member of the Whitefish Lake First Nation and lives in Grouard, Alberta. Herman is a husband, father, mohsom and a chapman.

Herman has shared many cultural teachings with the High Prairie School Division over the past 10 years. Some of these teachings include Hand Games, which has led to the division hosting 5 divisional Hand Games Tournaments and 4 Regional Tournaments. Hand games are now incorporated into many classes including Math, Physical Education, Indigenous Culture and CALM. Herman shares his knowledge of hide tanning, drum making, tipi teaching, traditional plant knowledge and uses as well as many other Land Based Learning experiences.

Herman embodies the meaning of being an Elder, he generously shares his passion for culture and traditional knowledge because of his desire to see this move forward with the youth. Herman is dedicated to sharing this knowledge not only with the High Prairie School Division but across many other prairie provinces.