Social Emotional Learning

For Educational Assistants in the Classroom

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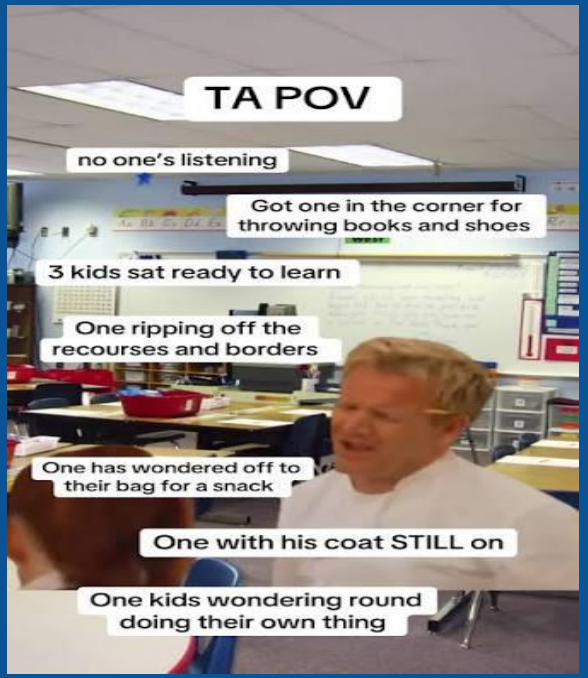
School staff in November be like:





On a scale from 1-10, ten being the highest how do you feel this year is going for you?

SEL: What is it?

Social Emotional Learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. (Durlak et al., 2011; Greenberg et al., 2003)

Why is SEL so important?

-These are emotional skills that will help them be successful at school, work, life, home
-Mentally happy/balanced kids = better equipped to face challenges
-Long term impacts in skills, attitudes, prosocial behavior and academics
-Decline in anxiety and behavioral problems

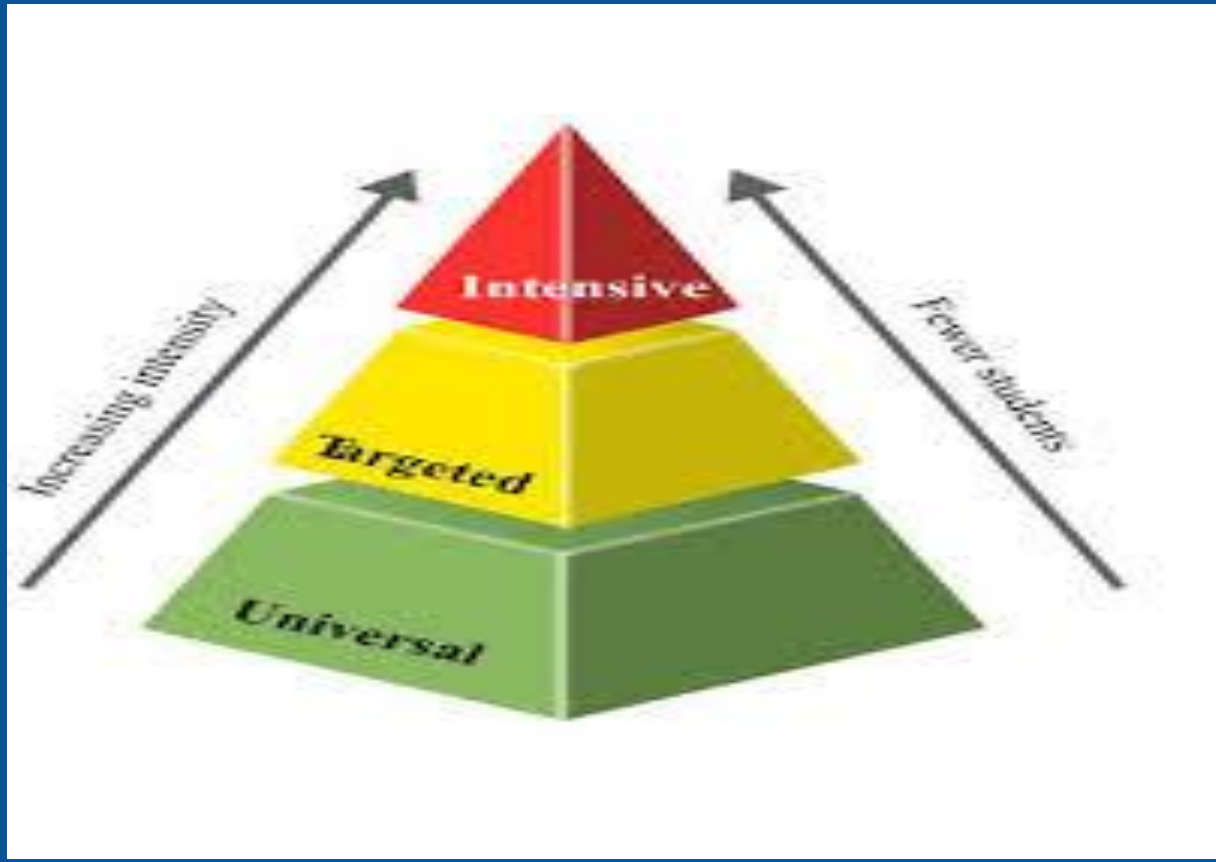
-When our kids are better at regulating, so are we
https://www.youtube.com/watch?v=IMQADg1Dp9g

Pyramid of Intervention

-Universal: Whole School/ Whole classroom
ZONES, WITS, Superflex

-Targeted: Specific support For small groups/individual
Social skills groups, jobs, Movement breaks, wellness Support, speech,

-Intensive: Specialized and Intense support for student
Referral to specialist



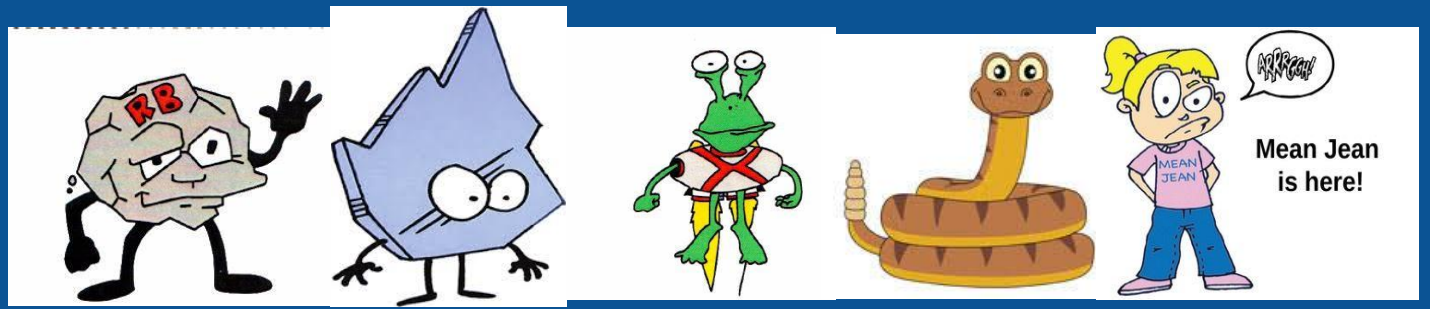
Universal Programming at CJS

School wide : WITS



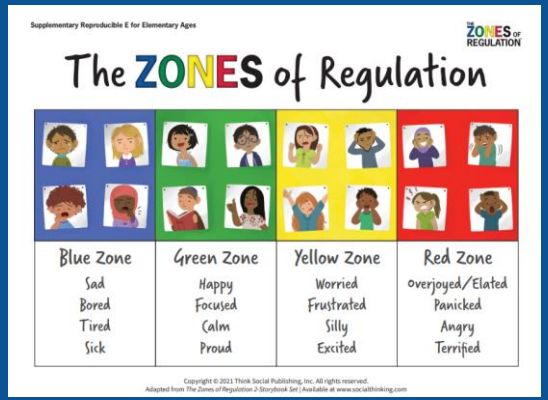
Kindergarten & Grade One: Superflex



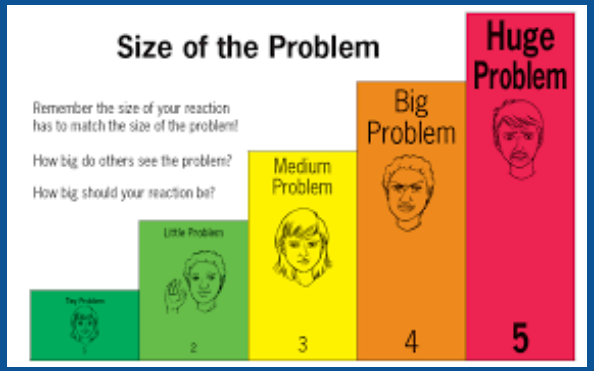


Universal Programming at CJS

Grade two and three: Zones of regulation







Targeted - middle of the Pyramid support

- -Targeted: Specific support
- For small groups/individual
- Social skills groups, jobs,
- Movement breaks, wellness
- Support

Intensive/Top of the Pyramid support

- Smallest part of the pyramid (3-5% of students)
- This means that 95% of SEL is happening from front lines!
- Refer to//draw upon top of the pyramid supports when:
  - Universal and targeted interventions are not enough (still struggling, still pervasive, hitting a wall, etc.
  - Fresh eyes, counselling services beyond coaching and support
- In addition to referrals to wellness/specialists- see expertise in each other
  - CONSULT, CONSULT, CONSULT!
  - SHARE, SHARE, SHARE!

CJ Schurter Continuum of Supports

Examples of Universal, Targeted and Intensive at CJS

CJS

-WHAT ABOUT US?!

https://www.youtube.com/watch?v=pCv0G4JEuJY

What Kind of Students need Targeted SEL?

-Targeted interventions are not just for our academically or behaviorally challenging students!

https://www.youtube.com/watch?v=cHtTRUC2Drs



Group breakout:

Brainstorm in your group of 4

1. One universal SEL strategy
2. One targeted SEL strategy
3. Who in your group (if any) has ever made a top of the pyramid referral because Universal and Targeted strategies were not enough? (share in your group if you have done this/when you knew it was time to do this)

Any examples to share with the whole group?

Let’s put our ideas into practice

-Consult and refer, but never forget your own experience with and therefore capabilities of addressing social-emotional issues through your practice of social emotional learning

-On the next slide we will look at some scenarios that we can address using what we have talked about today.

Scenarios:

We are going to work through 3 scenarios. For each scenario think about what the root issue might be and brainstorm ways you could support the student in each situation. We will have one person share back to the group on ways that we could address the issue.



Scenario 1: The Student Who Refuses

A Grade 4 student puts their head down and refuses to participate in an activity.

Scenario 2: The Angry Student

A Grade 1 student becomes upset when asked to stop playing and begin cleaning up. They yell and push materials off the table.

Scenario 3: The Student Struggling Socially

A Grade 2 student gets upset when peers won’t let them join a game. They yell, “Nobody likes me!”

Questions



Exit Slip

- Challenge: What is one of the **new** SEL strategies you heard here today that you will put into practice next week

-Please share in the chat the one idea you will try.

THANK YOU!!!!

